







Dr. Ava Cadell

www.avacadell.com www.loveuniv.com

Dr. Ava Cadell CV

DR. AVA CADELL ~ WWW.AVACADELL.COM

"The meaning of life is learning how to give and receive love."

WINNER OF Sexpert of the Year 2015 by the Sexual Health Expo (SHE)

Founder & President of Loveology University, Clinical Sexologist, AASECT Certified Sex Counselor, Author and Public Speaker

CURRICULUM VITAE

Education:

Newport University, 1988 Master of Arts in Human Behavior Newport University, 1992 Doctor of Philosophy in Human Sexuality American College of Sexology, 1995 Certified Sexologist Institute for Advanced Study of Human Sexuality, 1996 Associate in Sex Education

Institute for Advanced Study of Human Sexuality, 1996 Clinical Sexologist,

Institute for Advanced Study of Human Sexuality, 1997 Doctor of Education in Human Sexuality

Clinical Hypnosis Center, 1998 Certification of Hypnotherapy

Continuing Education Provider for: State of California Board of Behavioral Sciences California Board of Registered Nurses American College of Sexologists

Research Includes:
Sexual Boundaries Survey
Cheating Survey
Sex and Disabilities Survey
Orgasms Survey
Sexual Personalities and Compatibility Survey
Cultural & Religious Influences on Love & Sex

Affiliations with Organizations Include: American College of Sexologists International (ACS) Society for the Scientific Study of Sexuality (SSSS) International Society for the Study of Women's Sexual Health (ISSWSH)

American Association of Sex Educators Counselors and Therapists (AASECT)

Objectives Include:

To share the vast knowledge I have gained in the last 25 years, mentor students and promote the benefits of healthy relationships, intimacy and sex around the globe through my seminars, books, media and online university at: www.LoveUniv.com

Experience Includes:

My media appearances have included over 100 TV shows as an expert on News Networks with topics ranging from Government Funding For Female Sexual Research MSNBC, Sexual Consent Forms CNN, Teacher Student Sex Fox News, as a Sexologist on numerous reality TV shows including The Cat House HBO, LA Shrinks BRAVO and Gene Simmons Family Jewels, as a contributor to segments for the Emmy award winning TV show The Doctors, Women's Health Lifetime, Marriage Makeover Discovery Health, and many more.

As an author, I have written 10 books including NeuroLoveology, The Power to Mindful Love & Sex, endorsed by Dr. John Gray, author of Men Are From Mars, Women Are From Venus. And I have written over 35 certified online courses on love, romance, relationships, intimacy and human sexuality. I wrote and produced my own series of "How To" sex education videos entitled Dr. Ava's Guides on Sensual BDSM, Pleasing A Woman, Oral Sex for Couples, Prostate Pleasure for Couples and Anal Pleasure for Women. I was the sex columnist for Penthouse Magazine and created a series of instructional videos for Penthouse called Sex Academy that includes Masturbation, Erotic Massage, Fantasies and Role Playing, Sexual Positions and Swinging.

The TriGasm vibrator was my first sex toy invention to stimulate three points of pleasure simultaneously; the clitoris, G-spot and anus while Dr. Ava Cadell's Tantric Game for Lovers was my first board game invention.

I hosted my own radio show called, A Touch of Romance on KLSX radio and then hosted an Internet show called, Sex Drive, both of which were call-in shows where I answered candid questions on love, intimacy and sexuality.

I maintain a private practice in LA where I see clients as an AASECT Certified Sex Counselor on relationships and sexual issues.

As a public speaker I have lectured to pharmaceutical companies, entrepreneurial organizations, religious groups, medical institutes, women's conferences and universities.



Seminars & Workshops

DR. AVA CADELL ~ WWW.AVACADELL.COM

All presentations are customized and can be as short as 10 minutes or as long as one week.

Sexycises - For Couples

NeuroLoveology - For Singles & Couples

Intimacy Boot Camp - For Couples

Twelve Steps to Everlasting Love - For Singles

Sexual Healing - For Singles and Couples

Human Sexuality & Clinical Issues - For Therapists, Counselors and Nurses

Business Principles Applied to Romance - For Singles and Couples

Passion Power - For Couples

Passion Power - For Women

Passion Power - For Men

The Stock Market Orgasm - For Singles and Couples

The Tantric Lab - For Singles and Couples

Media & Speaking Training - For Love Coaches and Therapists

Master Sexpert Certification - For Singles and Couples

Intimacy After Illness - For Patients, Loved Ones and Caregivers

Tantric Solutions for Sexual Concerns - For Sex Counselors, Therapists, Nurses and Doctors

Communication - For Singles and Couples

Coaching the Love Coach - For Love Coaches

Passion, Intimacy and Tantra - For Singles and Couples

Sexual Fantasies - For Men and Women

How to Talk to Your Kids About Love and Sex - For Parents

For more detailed descriptions of seminars, please visit www.avacadell.com/seminars

Lecture Venues

DR. AVA CADELL ~ WWW.AVACADELL.COM

Domestic Presentations

Amgen & Wyeth Pharmaceutical – Emotional Impact of Psoriasis Anthony Robbins Companies – The Art of Mindful Loving Anti-Aging Conference – Intimacy is Good For Your Health Bayer Pharmaceutical – *Intimacy and Urinary Tract Infections* Brentwood Presbyterian Church – 12 Steps to Everlasting Love California State University, Northridge – The Tantric Lab CatalystCon Los Angeles - NeuroLoveology Cedars-Sinai Medical Center – Intimacy Issues after Surgery Chapman University- Female Sexuality Conscious Life Expo – 12 Steps to Everlasting Love L.A. Gay & Lesbian Center - The Art of Pleasure for Women Learning Annex – Over a Dozen Topics National Psoriasis Foundation - Boosting your confidence Neurosurgical Institute – Brain Tumors & Sexual Dysfuctions Passion Parties – Passion Power for Women Sex & Heart Symposium – Tantric Solutions for Sexual Dysfunction Sheba Medical Center Women's Group – Secrets of Romance Southern California Book Publicists – Romantic Holidays Stephen S. Wise Temple – 5 Keys to Living Happily Ever After University of Southern California – The Tantric Lab

Young Presidents Org. (YPO) & Entrepreneurs Org. (EO)

Alaskan Cruise – How to Talk to Kids About Love & Sex Austin, TX – Passion Power & Stock Market Orgasm Cincinnati, OH – Tantric Lab Laguna, CA – Passion Power & Stock Market Orgasm La Jolla, CA – Tantric Lab, Passion Power, Stock Market Orgasm Boston, MA – The Art of Creative Romance Des Moines, IA- Passion, Intimacy, and Tantra Detroit, MI – Stock Market Orgasm, Passion Power & Tantric Lab Inland Empire, CA – Passion Power Weekend Retreat Ithica, NY – NeuroLoveology Weekend Retreat Las Vegas, NV – Tantric Lab & Passion Power La Jolla, CA – Stock Market Orgasms Los Angeles, CA – Passion Power Weekend Retreat Miami, FL – Passion, Intimacy and Tantra Minneapolis, MN-Passion Power Weekend Retreat Newcastle, NH – Tantric Lab

New Orleans, LA – How to Spice Up Your Valentine's Day Puerto Rico – Passion Power & Tantric Lab Salt Lake City, UT – The Art of Creative Romanc San Diego, CA – The Stock Market Orgasm San Francisco, CA – Tantric Lab Santa Monica, CA – Passion Power Weekend Retreat Sedona, AZ – Tantric Lab

International Presentations Adelaide, Australia, - NeuroLoveology Bangalore, India - NeuroLoveology Brisbane, Australia - NeuroLoveology Budapest, Hungary – The Art of Creative Romance Chennai, India - NeuroLoveology Dar es Salaam, Tanzania - NeuroLoveology Glasgow, Scotland – Passion Power Hamilton, Bermuda – Passion Power Weekend Retreat Ho Chi Minh City, Vietnam – The Stock Market Orgasm Hong Kong, China – From the Bedroom to the Boardroom Istanbul, Turkey – *Passion Power* Jakarta, Indonesia – The Stock Market Orgasm Limassol, Cyprus – *The Art of Creative Romance* London, England – Turn Your Man into Putty & What Women Want Madrid, Spain – Passion Power Manchester, England – The Stock Market Orgasm Mauritius Islands – *Passion Power* Melbourne, Australia - NeuroLoveology Midlands and London, England – The Stock Market Orgasm Montreal, Canada – The Stock Market Orgasm Mumbai, India - NeuroLoveology Nairobi, Kenya - NeuroLoveology New Delhi, India - NeuroLoveology Oslo, Norway – *Passion Power* Perth, Australia - NeuroLoveology San Salvador, El Salvador – Passion Power Singapore, Malaysia – The Stock Market Orgasm Stockholm, Sweden – Passion Power Sydney, Australia - NeuroLoveology

Vienna, Austria – The Art of Creative Romance

Sexycises Press Release

DR. AVA CADELL ~ WWW.AVACADELL.COM



Malibu, CA – Dr. Ava Cadell, voted "Sexpert of the Year" by the Sexual Health Expo, media therapist, global speaker, author, and Founder of Loveology University, is introducing a new how-to book and video project entitled "Sexycises by Sexperts: Intimacy Through Yoga."

"Sexycises by Sexperts" features 20 experts in the fields of sex therapy and yoga, blending three popular activities -Yoga, Fitness and Partner Intimacy.

The 90-minute "Sexycises by Sexperts" video is available at *Sexycises.com* and find free clips at the Sexycises YouTube channel.

A live seminar that was first presented at the Sexual Health Expo in Los Angeles in 2017, now travels all over the world including China, Thailand, Mexico and Jamaica.

"Everybody wants to improve the intimacy in their love lives, even more than sex," says Dr. Ava. "So I've created a fun way to give couples what they need - blending yoga, fitness, and intimacy. The how-to program includes yoga instruction in all styles for all levels, and it's as much fun as Zumba with the benefits of partner yoga and meditation."

Featured in the project are many of Dr. Ava's protégés, including sex therapist and Acroyoga Expert Dr. Cat Meyer, and Intimacy Expert and Playboy radio host Miyoko Fujimori, both of whom are available for fun, live television demonstrations of the sensual balancing practice of acroyoga, which builds trust, intimate communication and is a novel way for couples to spend quality time together.

The "Sexycises" project was conceived after Dr. Ava's appearance on the TV series "Kendra on Top," where she helped Kendra Wilkinson and Hank Baskett at her Intimacy Bootcamp. They healed their relationship doing therapy and Sexycises with Dr. Ava, Dr. Nancy Sutton-Pierce and Dr. Hernando Chaves, after which Dr. Ava was inundated with e-mails from couples yearning to find their spark again by boosting intimacy in their own lives.

"Lovers can stay connected to each other on their journeys to sexual fitness and satisfaction. The Yoga poses in the "Sexycises" book range from playful to passionate, with mental, physical, emotional, spiritual and sexual benefits illustrated with artful photos. The video will complement the book with step-by-step demos allowing viewers to follow along and get to know the sexperts," Dr. Ava adds.

MEDIA CONTACT:

support@avacadell.com • +1 310-882-5438 ext. 900

Sexycises Press Release

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Testimonials

DR. AVA CADELL ~ WWW.AVACADELL.COM

Redbook

I wanted to pinpoint the Sex Guru of Gurus. All roads led to Dr. Ava Cadell.

Cosmopolitan

Dr. Ava is the Goddess of Aural Sex *Woman's Own*

The New Dr. Ruth & Sexpert to the Stars. *Playgirl*

Dr. Ava Cadell truly lives and breathes sex. *More*

Dr. Ava is America's premier sexologist. *Stuff*

Ava Cadell, Ph.D. Host of the radio show "A Touch of Romance" is the leading cause of freeway accidents in Los Angeles.

National radio sportscaster, Jim Lampley,

Show host Dr. Ava knows sex like Tiger Woods knows golf.

Emmy wining journalist & host of TV's Hard Copy, Terry Murphy,

If everyone listened to Dr. Ava's advice, this world would be a much better place, and we would all be having great sex.

Gigi Burger, Film Festival Producer

I saw Dr. Ava on the Kendra On Top show on WE TV when she took Kendra and her husband Hank to her Intimacy Bootcamp retreat. I was so impressed with all of the unique couples exercises that she had them do, that I talked my husband into enrolling into LU's Intimacy Bootcamp course.

Lead singer of Kiss, Gene Simmons,

(regarding his televised counseling session) You were my first. Thank you for being gentle.

Tony Robbins, Author & Speaker, Our guest speakers bring invaluable dimensions of expertise to The Passion Project, and in Dr. Ava Cadell we find a remarkable source. Mindful Loving: The Art of Intimacy teaches lovers how to explore each other on multiple levels to achieve a lasting and passionate relationship. Ava truly lives her mission of inspiration and empowers people to bring love and passion into

their relationships, and into their lives.

Brentwood Presbyterian Church, Dee Tucker

Thank you so much for your time and expertise. You bring such passion and interest to your knowledge. We would love to have you back.

Bayer Pharmecutical & GCI Group Maryrose Lombardo, Account Supervisor

Thank you for participating in the "Keep the Honeymoon Alive" event at the Hudson Hotel. We, along with Bayer Healthcare, were very pleased with your presentation. We have received some excellent feedback from the journalists who attended. We imagine that you'll be receiving quite a few calls yourself!

Friends of Sheba Medical Center, Beverly Cohn, President

Our heartfelt thanks go out to you from everyone who was lucky enough to be at the Peninsula Hotel. Your keynote speech and presentation was the highlight of our day and we were so happy that you were able to be with us and represent our board.

Young Presidents Organization Tom & Ruth Lieberman, Budapest University Education Chairmen

You were terrific! A YPO crowd has its own "flavor" and you figured out a winning presentation and style. Budapest was the best and highest rated YPO University ever, and you were a big contributor.

Young Presidents Organization, Thomas Daniel, President

Thank you, Dr. Ava, for being our Keynote Resource during our Couples Weekend Retreat. Our event scored an outstanding 9.95 (out of 10.0) overall rating. You were rated at 9.8 scoring 869 out of a possible 880!

Greater Relations, Jeffrey Ullman, President

Everyone's head was fixed upon you. They were intent on not missing a thing...You captivate so many different people's total attention.

Susan Cohen, L.A. Gay & Lesbian Center

Dr. Ava's presentation was the most uncensored and liberating sex&pleasure presentation I've heard in a long time. Maybe the most honest discussion I've ever heard. Dr. Ava's frank discussion about barriers to sexual pleasure and how to overcome them was sex positive, funny and it expanded the participant's knowledge about what all people can do to take responsibility for their own pleasure.

Amgen and Wyeth Pharmaceuticals The Enbrel Team.

On behalf of Amgen and Wyeth Pharmaceuticals, thank you for taking time from your busy schedule to participate in the Making Connections satellite media tour and local market seminars. The information you communicated about the affect psoriasis may have on a person's personal life was clear, informative and very well articulated.

Scott Martineau, CEO/President Consciousone.com

My wife and I went through the Passion Power program and it made such a difference in our lives we have sung Dr. Ava's praises ever since. I actually invited her twice to lead couple retreats we have organized. I have literally watched her save marriages over a weekend retreat. I have personally referred friends to Dr. Ava and recommended her to many organizations and every single person or company has thanked me for doing so. She is the real deal!

Ernst R. Schwarz, MD, PhD, FESC, FACC, FSCAI, Division of Cardiology

I personally would like to thank you for your excellent contribution to our "Sex and the Heart" symposium on April 1 in Galveston. The presentation was outstanding and very well received, the attendance exceeded our expectations and it seemed that the audience - composed mainly of private practitioners, cardiologists, internists and also nursing staff, was very pleased and appreciative...

Media Credentials

DR. AVA CADELL WWW.AVACADELL.COM

*Regular Contributor

Television

ABC, GMA

ABC Larry Elder Show

ABC News*

A&E Family Plots*

A&E Family Jewels

A&E Love Chronicles

A&E Sexiest People

A&E Take This Job

American Journal

Ananda Lewis Show

Bravo, LA Shrinks

BET. Hell Date

BET, Oh Drama

CBS, News

CBS, The Doctors

Celebrity Justice

CMT, 40 Sexiest Music Videos

CNBC, Real Personal

CNN Headline News*

CNN Anderson Cooper 360*

Discovery, Sex Files*

Discovery Health,

Berman & Berman*

E! Celebrity Hook-ups*

E! High Price of Fame

E! Love Chains*

E! News Daily

E! Tempted

E! True Hollywood Story

Food Net, Food-Romance

FOX News*

FOX, Cheating Spouses

FOX, The Line Up

FOX Reality. Top 25 Hottest

Reality TV Couples FX, Nip/Tuck Season 4 DVD

FX. The X Show*

HBO, Cathouse

IFC, Gigi Does It

KTLA Morning Show*

Lifetime, Gay Straight or Taken

Lifetime. The Male Room

Lifetime, New Attitudes

Lifetime, Speaking on

Women's Health Metro Channel, Naked NY

MSN, Scarbourgh County

MTV, Big Urban Myth

MTV UK, The Best is Yet to Come

NBC, EXTRA

NBC, News*

NBC, The Other Half*

NBC, Men Are From Mars

Playboy TV, 69 Sexiest Things to

do Before You Die

Sky, UK, Hollywood Buzz

Spike TV, 1000 Ways to Die

Spike TV, Manswers

Style Network, Modern Girl

WE TV, Kentra on Top

Syndicated

Decision House

Fool For Love

Gerald Rivera

Inside Edition*

Jackie Collins Show

Jury Duty

Leeza Show

Montel Williams

National Enquirer TV*

Ricki Lake

Tech TV-G4*

TLC, Love U*

Travel Channel, Places to

Pop the Question

UPN, Blind Date* UPN. Extreme Dating*

UPN, News*

VH-1, All Access

Celebrity Breakups*

VH-1, Celebrity Hookups*

VH-1, My Fair Brady

VH-1, Retro Sexual

Magazine & Newspaper

Allure

American Baby

Arizona Central

Baby Talk

Boston Herald

Bride*

Bridal Guide*

Capital Hill Blue

Chicago Sun Times

Complete Woman

Cosmopolitan*

Daily Telegraph

Denver Post

Esquire

Glamour*

Globe*

Entertainment Weekly Esquire

First for Women*

FW

Health & Fitness

Hitched Honey

Ideal Home

Invite

J-14

Jane*

LA Parent

Ladies Journal

Ladies Journal UK

Latina

Los Angeles Times

Marie Claire*

Maxim*

Men's Fitness

Men's Health*

Men's Journal

More

New Woman

New York Daily News

New York Observer

New York Post

New York Times

Okav

Penthouse

People

Playboy*

Playgirl*

Prevention

Pulse

Razor

Redbook*

Self

Sports Illustrated

Star*

Stuff* Tango

Time

US Magazine*

US Weekly

USA Today

Woman's Journal

Women's Health*

Woman's Own* Woman's World*

You24

Radio

Bram Weinstein Show

Brent Farris Morning ShowKZST

Broadcasting Bonaduce 97.1

Buzz, Kansas City

Candy + Potter Show

Competitively Incorrect with Jim Lampley

Corus Radio London, FM96

KLSX, Conway & Steckler Show

Dr. Ava's Touch of Romance

Howard Stern Show Jerry Doyle Show

Joe and the Poorboy Z-93 KFI AM, Los Angeles

KGO AM, San Francisco

Kiis FM, NYC & LA

KROQ, LA

Leeza Gibbons Show

Lisa Fox Show

Maria Sanchez Show

Mark & Brian Show

Mark & Kim Show

Matt Alan Show

MAXIM on XM, Sex Files

MIX 103, Idaho

Mojo Radio Vancouver

Peter Boyle Show

Phil Henry Show

Pittsburgh Newstalk 1020 O101, Chicago

Rick Barber WCCC Radio 850

KOA-AM

Rick Dees Show

Sebastian in the Morning 107.9

Sex Drive Radio*

Sirius 107

Spud McConnel Show

Stephanie Miller Show Style Matters Live

WIFF FM, Baltimore

WLW, Cincinnati

WPXI Pittsburgh Wylde WakeUp Show KHTT-FM

XM 162

Yo on E! Z103 Toronto

Internet

E! Entertainment Online

Fabulously40.com

FoxNews.com GirlfriendsGuide.com

HealthCoaching.com

Health.Discovery.com

HealthNetwork.com

HollywoodLife.com HuffingtonPost.com

LATribe.com

MarryingMan.com MensHealth.com

MensFitness.com

Newshe.com SexandHealth.com

Shape.com

SheKnows.com Upwave.com

WebMD.com WomansDay.com

WomansHealth.com

Dr. Ava's Products



















































