



Ava Cadell, Ph.D. EdD

WINNER OF Sexpert of the Year 2015 by the Sexual Health Expo (SHE).

President of the American College of Sexologists, Clinical Sexologist, Faculty member of the Institute for Advanced Study of Human Sexuality, AASECT Certified Sex Counselor, Continuing Education Provider for the Board of Registered Nurses & Behavioral Sciences.

CURRICULUM VITAE

Education:

Newport University, 1988 Master of Arts in Human Behavior
 Newport University, 1992 Doctor of Philosophy in Human Sexuality
 American College of Sexology, 1995 Certified Sexologist
 Institute for Advanced Study of Human Sexuality, 1996 Associate in Sex Education
 Institute for Advanced Study of Human Sexuality, 1996 Clinical Sexologist,
 Institute for Advanced Study of Human Sexuality, 1997 Doctor of Education in Human Sexuality
 Clinical Hypnosis Center, 1998 Certification of Hypnotherapy

Continuing Education Provider for:

State of California Board of Behavioral Sciences
 California Board of Registered Nurses
 American College of Sexologists

Research Includes:

Sexual Boundaries Survey
 Cheating Survey
 Sex and Disabilities Survey
 Orgasms Survey
 Sexual Personalities and Compatibility Survey
 Cultural & Religious Influences on Love & Sex

Affiliations with Organizations Include:

American College of Sexologists International (ACS)
 Society for the Scientific Study of Sexuality (SSSS)
 International Society for the Study of Women's Sexual Health (ISSWSH)
 American Association of Sex Educators Counselors and Therapists (AASECT)

Objectives Include:

To share the vast knowledge I have gained in the last 25 years, mentor students and promote the benefits of healthy relationships, intimacy and sex around the globe through my seminars, books, media and online university at: www.LoveUniv.com

Experience Includes:

My media appearances have included over 100 TV shows as an expert on News Networks with topics ranging from Government Funding For Female Sexual Research *MSNBC*, Sexual Consent Forms *CNN*, Teacher Student Sex *Fox News*, as a Sexologist on numerous reality TV

shows including *The Cat House* HBO, *LA Shrinks* BRAVO and Gene Simmons Family Jewels, as a contributor to segments for the Emmy award winning TV show *The Doctors*, Women's Health *Lifetime*, Marriage Makeover *Discovery Health*, and many more.

As an author, I have written 10 books including *NeuroLoveology*, *The Power to Mindful Love & Sex*, endorsed by Dr. John Gray, author of *Men Are From Mars, Women Are From Venus*. And I have written over 35 certified online courses on love, romance, relationships, intimacy and human sexuality. I wrote and produced my own series of "How To" sex education videos entitled *Dr. Ava's Guides on Sensual BDSM, Pleasing A Woman, Oral Sex for Couples, Prostate Pleasure for Couples* and *Anal Pleasure for Women*. I was the sex columnist for *Penthouse Magazine* and created a series of instructional videos for Penthouse called *Sex Academy* that includes Masturbation, Erotic Massage, Fantasies and Role Playing, Sexual Positions and Swinging.

The *TriGasm* vibrator was my first sex toy invention to stimulate three points of pleasure simultaneously; the clitoris, G-spot and anus while *Dr. Ava Cadell's Tantric Game for Lovers* was my first board game invention.

I hosted my own radio show called, A Touch of Romance on KLSX radio and then hosted an Internet show called, Sex Drive, both of which were call-in shows where I answered candid questions on love, intimacy and sexuality.

I maintain a private practice in LA where I see clients as an AASECT Certified Sex Counselor on relationships and sexual issues.

As a public speaker I have lectured to pharmaceutical companies, entrepreneurial organizations, religious groups, medical institutes, women's conferences and universities.

Clientele Include:

The Psoriasis Foundation
Amgen & Wyeth Pharmaceutical
Bayer Pharmaceutical
Cedars-Sinai Medical Center
Sex & Heart Symposium
Sexual Function and Cardiovascular Disease Conference
Maxine Dunitz Neurosurgical Institute
International Anti-Aging Conference
Institute for the Advanced Study of Human Sexuality
Dr. Eros Sexual Culture & Education
Feminine Healing Retreats, Hangzhou & Pattaya
Anthony Robbins Passion Project
Santa Monica College
Cal State Northridge
University of Southern California
Brentwood Presbyterian Church
Sheba Medical Center Women's Group
Stephen S. Wise Temple
Society Scientific Study of Sexuality
Anthony Robbins Passion Project

The Young Entrepreneurs and Presidents Organization Chapters:

Aspen, Colorado – Ithaca, New York - Austin, Texas - Boston, Massachusetts – Charlotte, South Carolina - Cincinnati, Ohio – Dallas, Texas, Detroit, Miami, Florida, Flint, Michigan - Inland Empire, California - Juneau, Alaska - La Jolla, California - Laguna, California, - Las Vegas, Nevada - Los Angeles, California - New Castle, New Hampshire -New Orleans, Louisiana - Philadelphia, Pennsylvania - San Palo, Puerto Rico - Salt Lake City, Utah - San Diego, California – San Francisco - Santa Monica, California - Sedona, Arizona

International EO and YPO Presentations:

Adelaide, Brisbane, Melbourne, Perth, Sydney, Adelaide, Australia - Hamilton, Bermuda - Budapest, Hungary -San Salvador, El Salvador - Glasgow, Scotland -Ho Chi Minh City, Vietnam - Hong Kong, China - Bangalore, Chennai, Delhi, Mumbai, Punjab, India - Istanbul, Turkey - Jakarta, Indonesia - Lagos, Nigeria - Limassol, Cyprus –London and Midlands, England - Madrid, Spain - Manchester, England -Mauritius Islands -Montreal, Canada - Oslo, Norway - Singapore, Malaysia -Stockholm, Sweden - Vienna, Austria – Dar Es Salaam, Tanzania and Nairobi, Kenya

In Summary:

I dedicate my life to helping people overcome sexual guilt and shame. I love mentoring students, creating programs, courses, surveys, research and products to promote the benefits of healthy relationships, intimacy and sexuality. I continue to study and collaborate with therapists, counselors, researchers, scientists, doctors and students regularly to pursue quality and distinction as a Clinical Sexologist so that I may continue to make a contribution to the betterment of human rights in the world. Finally, I am very grateful to Dr. Ted McIlvenna Founder and President of the Institute for Advanced Study of Human Sexuality for making my rewarding career possible.

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